



# Onwards & Upwards

## Consultancy



# Pricing Guide

Updated June 2026



## 1. On-Site Support Visits

Current rate: £22/hour

- Services included: Quality assurance support, planning support, mentoring, supervision guidance, and ad hoc support during visits.

## 2. Mock Inspections

- Purpose: Prepare the setting for Care Inspectorate visits, identify gaps, and provide actionable recommendations.
  - Pricing Options: 3-Hour Inspection: £200 – includes inspection, written summary, and brief recommendations.
  - 5-Hour Inspection: £280 – includes inspection, detailed action plan, and team debrief session.



### 3. Tailored Staff Training

- Purpose: Strengthen team capabilities in self-evaluation, observation, reflective practice, and Quality Improvement Framework alignment.
  - Pricing Options: Half-Day Workshop: £150 – up to 3 hours, 1 topic of choice, interactive session.
  - Full-Day Workshop: £280 – up to 6 hours, multiple topics, includes practical exercises and take-home materials.
  - Ongoing Support Package: £400 for 3 sessions over 3 months – follow-ups and progress tracking included.



#### 4. Follow-Up Calls / Remote Support

- Purpose: Provide guidance and answer queries after on-site visits or training.
- Pricing: £20 per 30-minute call / £35 per 1-hour call.
- Package Option: £100 for 6 x 30-minute follow-up calls (pre-paid).



## 5. Policy & Document Reviews / Creation

- Purpose: Review or create tailored policies, induction templates, supervision logs, and other QA documentation.
  - Pricing Options: Policy Review: £60 per policy (up to 2 hours review and recommendations)
  - Document Creation: £100 per document – includes customisation and alignment with ELC frameworks
  - Full QA Pack: £400 – 5 key documents created/reviewed, plus guidance on implementation



## 6. Tailored QA Calendar & Monitoring System

- Purpose: Design and implement a structured QA calendar and monitoring tools for ongoing quality assurance.
  - Pricing: Basic Calendar & Tools: £150 – 1-year calendar template + monitoring spreadsheet
  - Customised System: £250 – includes calendar, monitoring system, and staff guidance session



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If your setting is looking for a continuous support package we offer monthly retainers

£300/month – includes 4 hours on-site or remote support, 2 follow-up calls, document reviews as needed

£500/month – includes 8 hours support, full access to QA calendar guidance, tailored training, and priority scheduling